

HARTSHORNE CE PRIMARY SCHOOL

PERSONAL CARE PLAN FOR

NEED:

On occasions may have an accident and soil his/her clothing.

This plan aims to allow to take responsibility for his/her self care.

- To maximise his/her independence, wherever practicable.
- To respect his/her rights to privacy and dignity.
- For the plan to be discussed and agreed by parents and the school team to encourage a consistent support process for within school.
- For the plan to be reviewed at Annual Review Meetings or when necessary.
- That understands the above procedures if he/she should soil himself/herself.

1. That should be encouraged to take responsibility in telling someone he/she has had an accident (soiled his/her clothing).

2. That Mr/Mrs should be contacted immediately either for him/her to assist his/her son/daughter in his/her intimate care; or for him/her to advise the school team on actions he/she wishes them to take.

3. In the unlikely event that Mr/Mrs is unobtainable, teaching assistant, or other responsible adult who knows well, should immediately follow the actions below.

4. Area to be used - the disabled toilet.

5. That bag should be collected from

within the disabled toilet. If distressed, to be reassured and allowed to go home if Mr/Mrs consents.

The bag should contain:

- Clean clothing
- Wet wipes
- Clinical waste bags
- 2 carrier bags
- Apron (plastic)
- Gloves

6. The responsible adult will discretely make a second adult in the vicinity aware of where they will be.

7. That the disabled toilet should be used with the responsible adult standing outside the door - unless asks for assistance.

8. is to be encouraged to undertake his own personal care independently. Verbal prompts, if felt appropriate, should be given.

9. will need to take off soiled items of clothing, and to place these in the appropriate bags.

- To use wipes to cleanse himself/herself, and place these in the appropriate bag eg clinical waste - to use toilet roll in order to dry himself/herself, before putting on clean clothing and washing his hands thoroughly.

10. If, whilst in the toilet area needs assistance by the responsible adult, who then needs to enter the toilet:

- The assistance, wherever possible, should be through verbal prompting.
- If intimate physical support has to be given at this time, gloves and an apron should be worn by the adult. They should ensure that is encouraged to be as independent as possible throughout the activity.

- That the adult informs of what they will be doing, in order for him/her to consent.

11. The soiled clothing, and clinical waste bags should be knotted. These should both be given back to Mr/Mrs for him/her to dispose of.

12. should be reassured, and put at ease if necessary, before returning to class.

Signatures:
.....

Countersigned:.....

Date:

Parents signatures:
.....

School signatures:
.....